



ALZHEIMER'S ASSOCIATION®

Island Community House SUMMER 2023 PROGRAMS

Friday, August 11 | 2 p.m. - 3 p.m. LIVING WITH ALZHEIMER'S Part 1

In the early stage of Alzheimer's disease, families face new questions as they adjust. What does the diagnosis mean? What kinds of plans need to be made? What resources are available to help? Join us to learn what you can do to cope with the changes that come with an early-stage diagnosis.

Friday, August 18 | 2 p.m. - 3 p.m. LIVING WITH ALZHEIMER'S Part 2

This program is designed to provide caregivers with the knowledge, tools and strategies needed to cope with a diagnosis of Alzheimer's disease or a related dementia. The knowledge you gain throughout this series will help you provide optimal care in order to maintain quality of life.

Friday, August 25 | 2 p.m. — 3 p.m. LIVING WITH ALZHEIMER'S Part 3

Part 3 of the Living With Alzheimer's Program for Caregivers we'll be exploring finding, engaging and monitoring care options.

IN-PERSON

Each program will be offered in-person.

Please **register** for each program individually by calling **1.757.336.1993**.

Island Community House, Inc
6246 Mumford Street
Chincoteague, VA 23336

For questions, please call
757.336.1993 or
1.800.272.3900

In partnership with

